

Gina Rose Lesako, RD LDN

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Skills and Experiences

Clinical Skills:

- Enhanced interview, assessment, and nutrition support skills during two Baltimore area community hospitals and Children's National Medical Center rotations
- Attained proficiency in enteral and parenteral nutrition macronutrient and electrolyte management in advanced parenteral nutrition

Professional Presentation skills and Publications:

- Presented clinical abstract poster at Maryland State and District of Columbia Metropolitan Area Dietetic Association annual meetings
- Presented abstract poster and its subsequent publication at 2008 American Dietetic Association FNCE meeting
- Created a nutrition-focused blog (<http://dietitienseatchocolatetoo.blogspot.com>)
- Quoted in the *Pittsburgh Post-Gazette* and the *ADA Daily News* for an article on New Year's Resolutions

Leadership and Team Building:

- **President**, Kent State Student Dietetic Association **Fall 2006 - Spring 2007**
- **Pledge Class President**, Alpha Phi Omega Co-Ed Service Fraternity **Fall 2006 - Spring 2007**

Computer Skills:

- Compiled state-wide update of nutrition and physical activities for *Eat Smart, Be Fit, Maryland!* (www.eatsmartmd@umd.edu)
- Developed data visualization chart on FDA import refusals for USDA Food Safety Information Center
- Created nutrition-focused RSS feed (<http://www.pageflakes.com/glesako>)
- Expert in Microsoft Word, PowerPoint, and Access

Professional Experience

Clinical Dietitian, UPMC - Passavant Hospital; Pittsburgh, PA Fall 2008 - Present

- Provided comprehensive nutrition care and management to 18-25 patients per day
- Enhanced clinical skills in areas of long-term care, rehabilitation, and intensive care
- Counseled and educated patients in areas of diabetes, cardiac, oncology, and GI disorders
- Trained two University of Pittsburgh graduate students

Dietetic Intern, University of Maryland; College Park, MD Fall 2007 - Summer 2008

- Achieved proficiency in electronic charting (CERNER PowerChart System)
- Enhanced outpatient management skills in adult diabetes, childhood obesity, cystic fibrosis, and adult renal nutrition
- Collaborated with teams for University Dining Services and Food Stamp Nutrition Education projects

Education

B.S., Nutrition Science, Kent State University; Kent, OH May 2007

Awards, Achievements, Memberships, and Interests

- **Recipient**, 2007 Family and Consumer Studies Outstanding Senior Award
- **Dean's List** (Spring 2006/2007) and **President's List** (Fall 2007)
- **Second Violinist**, Kent State University Orchestra
- Member of American Dietetic Association, Pennsylvania Dietetic Association and KSU Student Dietetic Association
- ServSafe Food Safety Certified
- Star Level One Spinning Instructor